

# Bumblebees and transformers

Contemporary learning

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## Elements to consider

central idea

Can you highlight any identifying / essential components to this theory/model

Philosophy?

Ways to use it...

Comments

## Kolbs learning cycle

**Learning is a cycle through which we explore our experiences using reflection, abstract thought and experimentation**

**There are four sequential events / elements**

1. concrete experience
2. Reflective observation
3. Abstract conceptualisation
4. Active experimentation

**Individualistic / aligns with cognitivism**

**Often used in reflective practice, could be used in developing understanding of clinical skills learning**

Comments

Has been **criticised** for sequential nature. Over simplified. Not accounting for social components of learning

## Transformational learning

**Is thinking how you are going to put new theory into practice and where it fits in the grand scheme of things. Changes to one's frame of reference**

Transformational learning is holistic but also occurs in a community.

You need dialogue, challenge, other people to point out certain things to you.

On our own we have our value system.

**CENTRAL IDEA:Based on 2 tenets of learning, are INFORMATIVE and TRANSFORMATIVE.**

A shock, or dissonant moment spurs or triggers the process, the need to make sense of an experience and transform it into personal meaning.

INF--information gathering with little meaning making or encapsulation. More explicit and lower level thinking. Changes to WHAT we know. Facts, figures, etc. that are explicit but not attached to larger picture, meaning or clinical relevance.

TRANF--turning information into knowledge, making sense of information connections, encapsulating for transferability into different contexts/settings. Turning explicit into tacit knowledge. Changes in HOW we know.

**Transformative learning describes a change in the WAY we know things**

**ESSENTIAL ELEMENTS:**

Informative and Transformative.

10 levels, steps, phases:

Disorienting dilemma

Self-examination

Sense of alienation

Relating discontent to others    Explaining options of new behavior    Building confidence in new ways    Planning a course of action    Knowledge to implement plans    Experimenting with new roles    Reintegration.

## Philosophy:

Active and intentional blending of experiential and constructivist approach to learning, focused on making meaning of one's experience. In clinical sense, active process of making case patterns/illness scripts

## Ways to Use It:

Create positive environment and culture for this to occur, clinically and didactically. Express need for "thinking and linking" of information, into clinical and professional meaning.

*Supervision groups and Balint groups* – ANONYMOUS

*reflective practice?* – ANONYMOUS

*Transformational learning going hand in hand with threshold concepts?* – ANONYMOUS

## Communities of practice

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### Collective learning in a shared domain

**Need a community, a joint focus and a place of meeting (does not need to be defined physically or in time). Need all three to have a community of practice as opposed to just one element.**

### Social constructivist

#### Ways to use it:

Using social media to create a community of practice.

How the apprentice model has evolved for students to create peer learning in a community of practice.

Why do GPs continue in a community of practice after training?

Potential for reflective/focus group study on why it continues - maybe GT or thematic analysis.

## Communities of inquiry

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### helps to understand online learning

#### Three essential components:

1. Social presence
2. Cognitive presence
3. Teaching presence

## Ways to use it...

1. Online learning techniques to encourage social interaction/discourse e.g. putting videos on, breakout rooms, fora/discussion boards

## Critical reflection and motivation are essential components.

## Philosophy

Social and cognitive

## Comments

Quite relevant in a covid world with undergraduate and postgraduate medical education.

interaction between participants is critical with social discourse, dialectic interaction and reflection all important for developing as a learner in online environment

## Ways to use it

Some responsibility on the teacher/facilitator to set the scene for students to increase a social presence.

Assuming all learners are motivated and will exercise critical reflection, modular approach to learning with regular assessment.

Formative (or summative) assessment of engagement has been used (based on the groups experiences)

Equipping learners enough to drive inquiry.

## There are three key domains to optimise educational experience

1. Social presence
2. Cognitive presence
3. Teaching presence

## Interesting discussion about overlap with other learning theories:

cognitivism

experiential learning

communities of practice

Socio cultural theories eg:

Social constructivism

Reflective practice

Expansive learning!

**Useful for considering approach to remote teaching and in particular longitudinal online courses**

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